# Elephants in the Room



• Psalm 139:23-24



- Psalm 139:23-24
- Luke 18:9-14



- Psalm 139:23-24
- Luke 18:9-14
- Luke 18:18-27



"An idol is anything apart from God that we depend on to be happy, fulfilled, or secure. In biblical terms, it is something other than God that we set our heart on, that motivates us, that masters and rules us, or that we trust, fear, or serve. In short, an idol is something that we love and pursue more than God." – Ken Sande



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- Luke 18:9-14
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- Philippians 2:3-4



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- Philippians 3:17-21





Four identifiers that food has become a problem: (from John Piper)

1) We become indifferent to the harmful effects that food is having on our body.



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- 1) We become indifferent to the harmful effects that food is having on our body.
- 2) We become indifferent to the way we are stewarding our money as we spend unwisely on wrong foods.
- 3) We start using food as an escape from our problems and a medication for our sadness or our misery or our discomfort.
- 4) We stop enjoying food as a way of enjoying God. We stop tasting the goodness of God in the goodness of the food, and we start replacing the goodness of God with the goodness of the food.

- Psalm 139:23-24
- Luke 18:9-14
- Luke 18:18-27
- Philippians 2:3-4
- Philippians 3:17-21
- Ephesians 4:29



"Merciful Lord, Pardon all my sins of this day, week, and year, all the sins of my life. Sins of early, middle and advanced years, of omission and commission, of morose, peevish and angry tempers, of lip, life and walk, of hard-heartedness, unbelief, presumption and pride. Of unfaithfulness to the souls of men, of want of bold decision in the cause of Christ, of deficiency in outspoken zeal for his glory, of bringing dishonor upon thy great name, of deception, injustice, untruthfulness in my dealings with others, of impurity in thought, word and deed, of covetousness, which is idolatry, of substance unduly hoarded, improvidently squandered, not consecrated to the glory of thee, the great Giver...



For sins in private and in the family, in study and recreation, in the study of thy Word and in the neglect of it. In prayer irreverently offered and coldly withheld. In time misspent, in yielding to Satan's wiles, in opening my heart to his temptations, in being unwatchful when I know him nigh, and in quenching the Holy Spirit. Pardon all my sins, known and unknown, felt and unfelt, confessed and not confessed, remembered or forgotten. Gracious Lord, hear, and in hearing, forgive."

- Puritan Prayer

