

# Gospel Mindset

Philippians 4:4-9



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## Joy and Peace - Philippians 4:4-9



“It is folly to expect any stable or solid joy that does not come from Christ as the fountain. No wonder you are comfortless when heaven is forgotten. When Christians let fall their heavenly expectations but heighten their earthly desires, they are preparing themselves for fear, trouble and anxiety. Who has met with a distressed, complaining soul, where either a low expectation of heavenly blessings, or too high a hope for joy on earth is not present?

“What keeps us under trouble is either we do not expect what God has promised, or we expect what he did not promise. We are grieved at crosses, losses, wrongs of our enemies, unkind dealings of our friends, sickness, or for contempt and scorn in the world. But who encouraged you to expect any better? Was it prosperity, riches, credit, and friends that God called for you to believe? Do you have any promises for these things in his Word?”

– Richard Baxter (Puritan)

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- We fight anxiety with prayer (verse 6)





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Joy and Peace - Philippians 4:4-9

- We fight anxiety with prayer (verse 6)
- We fight anxiety with a new mindset (verse 8)

